

# STRENGTHENING FAMILIES FALL 2023

The SFP program is an evidence-based family skills training found to significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance. This program is offered by K-State Research and Extension Family and Consumer Sciences Agents across the state of Kansas. You can find your local FCS Extension Agent office at: <https://www.ksre.k-state.edu/about/stateandareamaps.html>

## Class Session Dates:

- Aug. 18, 2023
- Aug. 25, 2023
- Sept. 1, 2023
- Sept. 8, 2023
- Sept. 15, 2023
- Sept. 23, 2023
- Oct. 6, 2023\*\*
- Oct. 13, 2023\*\*

**No class Sept. 30**

## To Register:

- ✓ Contact the lead facilitator listed. →
- ✓ Complete your registration form below.
- ✓ Pay registration fee by August 11 (\$40)\*\*\*
- ✓ Arrive to first class by 1:50PM.
- ✓ Participants must complete ALL the sessions to receive a certificate of completion.

*Participants arriving more than 10 minutes after the class begins will not be admitted to class.*

## Facilitator(s) Information:

Deb Andres, FCS Agent  
Geary County K-State Research & Extension  
119 E. 9<sup>th</sup> Street  
Junction City, KS 66441  
(785)238-4161  
[dandres1@ksu.edu](mailto:dandres1@ksu.edu)

\*\*These dates may need to be rescheduled. Date alternatives will be determined with input from active participants.

Classes will be held at the Extension office - registration is capped at 8 people.

## Class Sessions are held in person weekly on: Friday from 2:00-4:00PM

Complete the registration information below. Cut on the dotted line and send the bottom portion to the Extension office.

Save the top half for your records.



First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

This is my: home work cell phone number

How many children do you have: \_\_\_\_\_\*

What are their ages (list age of each child) \_\_\_\_\_\*

*\*Although this program incorporates parenting techniques for all ages, it is designed for parents/guardians caring for children who are ages 7 – 17. When possible, adults and children in this age range attend together, but youth attendance is not required to participate in the class.*

\*\*\*Please indicate how payment will be made:  Self-Pay  Agency Sponsored

How did you hear about this class?

Check all that apply:

Flyer/Brochure

Family Member

Friend

Radio/Media

Agency Referral

(complete information in the box to the right)

Agency Name & Location: \_\_\_\_\_

Case Manager's Name: \_\_\_\_\_

CM Email and/or phone number: \_\_\_\_\_

**This information must be provided if your registration is being sponsored by an agency or organization. The agency will be contacted to verify payment.**

\*\*\*\$40 is required with registration. Participants can pay with cash or card (with 4% processing fee) at the Geary County Extension Office address above. **Personal checks will not be accepted. Registration is not complete until payment is made.**