4-H Clothing Buymanship Tuesday Week 1 Challenge

Clothing Silhouettes & Lines

Find examples of the six basic clothing silhouettes and think about how each of these silhouettes would work with or change the appearance of your personal body shape.

- Rectangle
- Oval
- Figure-eight
- Hourglass shape
- Triangle
- Inverted triangle

Tips about silhouettes and lines:

- Vertical lines lengthen, horizontal lines widen, diagonal lines appear dynamic
- Pleats, darts, seams, and tucks divide a large space into smaller spaces
- Collars, cuffs, and decorative trim create shape and divide space
- Fabric pattern, color, and texture provide interest and affect size and shape

Dig into your closet and find some different clothing styles and accessories to see if you can modify your silhouette.

- Widen shoulders with shoulder pads, big collars, scarves, puffed sleeves, or horizontal patterns on the upper body
- Narrow shoulders by breaking up space with a sleeveless top or vertical patterns on the upper body
- Widen the waist by adding dimension with bulky fabrics or layered garments at the waist
- Narrow the waist by breaking up space with vertical or diagonal lines above or below the waist or by adding dimension to the upper body
- Widen hips by adding dimension with pleats, pockets, or layers at the hipline
- Narrow hips by breaking up space with diagonal lines near the waist or by adding dimension to the upper body

Questions to think about:

What did you learn about clothing silhouettes and lines?
Why do you think it's important to learn about these things?
How will you use this information the next time you shop for clothing?

