# 4-H Permanent Record Hints



This part of your record book is very important as it shows your work in 4-H throughout your career. The Permanent Record is the only record that is updated continuously and kept from year-to-year. You should include this newly revised permanent record with your record book. Electronic versions of the form can be found online at <u>https://www.kansas4-h.org/resources/4-h-library/awards-and-recognition/ProjectRecognition.html</u>.

							Optional				
Date	* = Non 4-H	Meetings, Committees, Offices, Leadership Roles	# Held	# Led	# Attended	Local	County/District	Area/Regional	State	National/Int'l	Hours
2019		Club Meetings, Song Leader	12	6	6	6					
2019		Club Float Committee	5		5	5					
2019		4-H Council Meetings, Reporter	3		3		3				
2019		Foods Project Meetings	4	1	3	3					
2019		Photography Project Meetings	6		5		5				
2019	*	Jazz Band	20		20	20					
9/19/19		KSF Photo Fun Day Teen Leader	1	1					1		4.0
2019	*	School Paper Photographer									
2019	*	Church Refreshments Committee	52	4	20	20					
2019	*	Junction City FFA, President	12	12	12	12					12.0
2019		Club, Refreshments Committee	12	2	10	10					
2019		Club, Community Service Committee	2		2		2				4.0
2019		Rodeo Association, Youth Member, Calf-Roping Committee						2			2.0

# Section 1--Groups/Organizations

Date – This can be listed as the year or a specific date.

Non 4-H – Make sure to put an asterisk in this column for all non 4-H items listed.

Meetings, Committees, Offices, Leadership Roles – List all groups/organizations you participated in, i.e. 4-H, school, community and/or faith. For each group, list elected offices and other positions or roles you held.

Numbers – Indicate the total number of meetings held, the number you led and the number of meetings you attended in the appropriate level column.

Level – Indicate the level of your participation for each item.

Hours – This column is optional. List the number of hours including preparation, organization, practice and activity time.

				· ·	Level						OPTIONAL			
Date	* = Non 4-H	T = Team	Size of Project	PROJECT Communications, Presentations, Exhibits, Contest, Judging or Skill-A-thon	Local	County/District	Area/Regional	State	National/Int'l	Hours	Audience	Income/ Expense		
				Photography Project Examples										
2019			2,000	Photography, Pictures taken										
	*			As School Photographer	1,500							0.00		
				Personal	500							-50.00		
			5	Photos exhibited		2P 2B		1P						
2019			4	Demonstration: Proper Mounting Technique	1	2		1		2.0	35			
				Foods Project Examples										
2019			300	Foods – Meals Prepared										
				Exhibited Cupcakes		1P		1B						
2019		Т		FCS Judging		10 <sup>th</sup>								
				Beef Project Examples										
2019			5	Animals, 3 Heifers, 2 Steers										
2019	*			FFA Livestock Judging Team	1	5	1	1		25				

### Section 2—Communications/Presentation, Exhibits, Contests

Date – This can be listed as the year or a specific date.

Non 4-H – Make sure to put an asterisk in this column for all non 4-H items listed.

Team - For contests, indicate whether it was an individual or team effort.

Size of Project – May be indicated by the number of garments, animals, acres, articles made, hours involved, or another identifier of your choice.

Project – Examples include, but are not limited to, fair exhibits, judging contests, quiz bowls, skill-a-thons, demonstrations, illustrated talks, project talks, articles written, web pages developed, TV or radio presentations, county and regional 4-H days activities, forensics and debate contests, fitting and showing, fashion revue, dog shows, horse shows, photography exhibits, etc.

Level – Indicate the level of your participation for each item. For evaluated activities (exhibits and contests) indicate the number and placing with the appropriate letter: Purple (P), Blue (B), Red (R), White (W) and Participation or Other (O) in the level column.

Hours, Audience, Income/Expense – These columns are optional. List the number of hours including preparation, organization, practice and activity time. List the size of audience. List income or expense of the activity.

## **Section 3--Activities**

					Level					OPTIONAL			
Date	* = Non 4-H	Leadership	Citizenship	What You Did	Local	County/District	Area/Regional	State	National/Int'l	Hours	Audience	Income/ Expense	
				Non-Project Examples									
10/2018				Achievement Celebration		1							
7/2019			Х	<mark>Fair Clean up</mark>		1							
			Х	4-H Foundation Dinner helper		1							
				Photography Project Examples									
2019		Х		Organized Photo Shoot at Park		1				2.0	10		
2019		Х	Х	Took 60 pictures for Horse Club - used 20 in historian book									
				Horse Project Examples									
2019	*			FFA Horse Judging Team	1	2	1	1					
2019		Х		Riding Lessons to 4-Hers	15						3	45.00	
2019	*	Х		Riding Lessons to Non 4-Hers	20						5	200.00	
2019				Riding Lessons taken	25					25.0		-500.00	
				Beef Project Examples									
2019		Х	Х	Set-up & worked beef weigh-in and county Fair beef show		3				8.0			
2019	*			FFA Livestock Judging Team	1	5	1	1		25			
				Foods Project Examples									
2019			Х	Made & served Club refreshments	2					1.0			
2019			Х	Collected & Sorted Food at Regional Food Pantry			1			4.0			

Date – This can be listed as the year or a specific date.

Non 4-H – Make sure to put an asterisk in this column for all non 4-H items listed.

Leadership/Citizenship – Indicate whether your involvement was leadership, citizenship or both. Leadership is teaching another person or a group skills or information and includes organizing or coordinating an activity, event, or meeting; selecting and preparing materials; and selecting presenters. Citizenship means helping out in your community and serving others without compensation.

What You Did – List the events and activities (not included in other sections of the permanent record) that you attended or participated in for 4-H, school and community. Examples include achievement programs, talent shows, camps, regional 4-H days, nursing home programs, sponsorship of club or county awards, fairground clean up, assistance to fair superintendent, special fund-raising efforts, band, teams, or FFA.

Hours, Audience, Income/Expense – These columns are optional. List the number of hours including preparation, organization, practice and activity time. List the size of audience. List income or expense of the activity.

### Section 4—Most Important Recognitions

			Leve			el	
Date	* = Non-4-H	Kind of Recognition	Local	County/District	Area/Regional	State	National/Int'l
2/14/2019		Horse Quiz Bowl Team, State Champion				1 <sup>st</sup>	
3/2019	*	KMEA Area & State Solo Competitions – ratings			Ι	Ι	
5/2019	*	Marching & Jazz Band Letters	2				
5/31/2019	*	High School Journalism Action Photography Awards	$1^{st}$		1 <sup>st</sup>		
5/31/2019	*	FFA – Green Hand Award	Х				
6/2019	*	Therapeutic Riding Volunteer – 100 hour pin			1		
6/20/2019	*	Newspaper Best Frozen Dessert for Dads		2 <sup>nd</sup>			
7/2019		Grand Champion Steer		Х			
7/2019		Grand Champion Photography		Х			
9/1/2019	*	Recognized in paper for work with Food Pantry		1			
10/2019		Leadership Pin		Х			
10/2019		Key Award				Х	
10/2019		County Project Award, Horse		Х			
10/2019		County Project Award, Beef		Х			
10/2019		County Project Award, Performing Arts		Х			
10/2019		County Project Award, Photography		Х			
10/31/2019		Horse Quiz Bowl Team, National Competition					2 <sup>nd</sup>
11/15/2019	*	High School Football Letter	Х				
2019		Best Camp Handwasher Award			Х		

Date – This can be listed as the year or a specific date.

Non 4-H – Make sure to put an asterisk in this column for all non 4-H items listed.

Kind of Recognition – List the most important recognitions you received during the year – honors, awards, out-of-county trips, etc. Example: National 4-H Congress, 4-H Key Award, County Project Award, School Achievement Award, Letter.

Level – Indicate the level of recognition for each item listed.

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